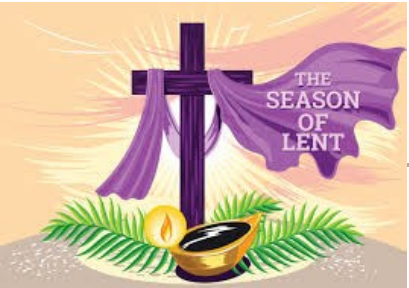


Lenten Events

Date	St Teresa's	St Dunstan's
Mondays		We dare to Say 7h30pm—9pm on 19th & 26th February And 4th & 11th March
Tuesdays	Sycamore Group 7h30pm (see handouts for dates) CTB Soup Lunch —6th March at 12h30-	
Wednesdays	Eucharistic Adoration after 9h30am Mass until 10h30am Sycamore Group - 10h30am	
Thursdays		Stations of the Cross at 7h30pm on 7th March with the United Reformed Church
Fridays	Stations of the Cross —7h30pm	Eucharistic Adoration at 11h15am followed by Mass at 12 noon and a Soup and Bread lunch at 12h30
Saturdays	Eucharistic Adoration after 9h30am Mass	

Other Resources for Lent:

Life in the Spirit. Registrations are now open for these seminars held at Northampton Cathedral and various hub locations around the diocese. For more information, see: <https://northamptondiocese.org/life-in-the-spirit-seminars-2024/>

Unseen Women of the Bible: The Diocesan Women in Ministry group is offering to send you a Biblical woman's name and a Bible reference each morning and a short evening shared prayer on Zoom at 6:45 to 7pm on weekdays from 19 February to 15 March, weeks 1-4 of Lent. No need to commit to every day—just join when you can. They will be using Ros Clarke's book, *Forty Women: Unseen women of the Bible from Eden to Easter, from Eve to Ruth*. You may like to use the book or do your own research. If interested, please email Joanna.hale@northamptondiocese.org

Prayer Resources: Our prayer resources for Lent and the Year of Prayer has been updated here <https://northamptondiocese.org/prayer-resources/>

Light up Lent 29th Feb – 7th March: *Light Up Lent* is our diocesan Week of Accompanied Prayer, a retreat in everyday life. Begin or deepen your prayer life, get to know the Scriptures better, and above all, grow in faith and in love for the Lord who loves you. With one-to-one support each day for a week, via Zoom, from an experienced prayer guide. Find out more and sign up here: <https://pastoralministryoffice.org/event/lightuplent/>

